



User Manual

CAPOVARIO CAPOVARIO LIGHT

Please read this user manual
carefully, before using your
head protection helmet!

You have chosen an innovative product, the head protection helmet CAPOVARIO/CAPOVARIO LIGHT from Hernik - thank you very much for your your trust!

Here are a few more notes:

Please note that a head protection helmet does not prevent accidents, but can only - if used properly - reduce their consequences.

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The CAPOVARIO/CAPOVARIO LIGHT is NOT suitable as a bicycle helmet, moped or motorcycle helmet!

The protective effect corresponds at least to the requirements of En812.

Adjusting and fitting the helmet:

On delivery, the helmet is set to the maximum size. For individual adjustment, please proceed in the following order:

- 1)** Place the helmet on the wearer's head.
- 2)** Loosen the two knurled screws (right and left) that are located under the Velcro under the Velcro fastener of the forehead padding.
- 3)** Move the plastic flaps evenly on both sides until the helmet is both sides until the helmet is the right size and turn the knurled screws again. retighten the knurled screws. The helmet must sit horizontally about a finger's width above the eyebrows. eyebrows and the ears must be exposed.
- 4)** Check the correct fit by trying to turn the helmet to the left or right with both hands. If the skin on the forehead moves, the fit is correct. If it if it does not, the helmet is too loose. Repeat points 2 and 3.

5) Carrying strap – standard:

Open the belt distributors (left and right) and adjust the belts by moving the belt straps. **Close the belt distributors again!**

Then adjust the buckle under the chin. This should sit centrally and tightly, max. one finger width of air.

Carrying strap - padded:

If necessary, adjust the position of the carrying straps using the Velcro straps under the padding inlet. Adjust the chin strap by adjusting the buckles. This should also be tight, max. one finger's width of air.

6) Now check the correct fit of the helmet by trying to pull the helmet forwards and backwards with both hands.

If you can move the helmet in one direction so that the field of vision is impaired or the forehead is exposed, the helmet does not fit correctly. Repeat point 5.

If you have problems adjusting the helmet, please contact your medical supply shop.

Chin protector:

The separately available chin protector is to be clicked into the buckles provided on the right and left instead of the chin strap. Adjustment is the same as for the chin strap (see point 5 Carrying straps - padded).

The chin protector can be individually adjusted by simply bending it.

The cover of the forehead protector can also be removed and washed at 40° C.

For cleaning the outside, please use a lukewarm solution of mild detergent or soapy water and water.

The parts are NOT suitable for cleaning according to BS 5661 Hospital Laundry.

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